

**ALISON MARKS**  
Swimming Co-ordinator

### CLASSES

Tadpoles: Beginners - Age 4+5 years.

Frogs: Beginners - Age 6+7 years.

Beginner classes aim to develop water confidence & basic swimming technique. Children will aim to achieve initial water skills and a distance of up to 5m. Maximum 6 children per class.

Goldfish: Children who can swim 5m on their front & back using recognised strokes. This class aims to develop water confidence and stroke technique. Children will aim to achieve a distance of 10m. Maximum 6 children per class.

Dolphins: Children who can swim at least 10m on their front & back using clearly recognised strokes. This class aims to improve water confidence, develop stronger technique and improve distance. Maximum 7 children per class.

Sharks: Children who can swim at least 25m on their front & back using clearly recognised front crawl, backstroke & breaststroke. This class aims to develop stroke technique and builds on distance & stamina. It will also develop water skills. Maximum 7 children per class.

ASA badges & certificates will be awarded where appropriate.

## School Holiday 5 day swimming courses 2012

### February Half Term

Mon 13th - Fri 17th February  
(8.30-11am. 5 day course) £47.50

### Easter Holidays

Mon 2nd - Thurs 5th April  
(8.30-11am. 4 day course) £38

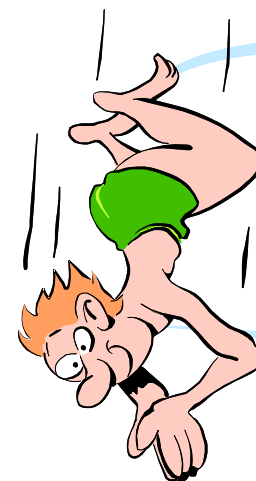
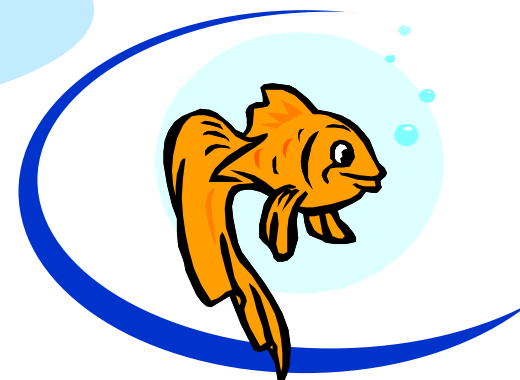
### June Half Term

Tues 5th - Fri 8th June  
(8.30-11am. 4 day course) £38  
(NB lessons WILL run on Tues 5th  
June, Diamond Jubilee)

### Summer Holidays

23rd - 27th July  
30th July - 3rd August  
6th - 10th August  
13th - 17th August  
(8.30am-11am. 5 day courses)  
£47.50

All classes last 30 minutes & will be booked on  
a first come first served basis.



Swimming hats are required and are available from teachers at a cost of £3.00. Speedo goggles are also available on request.

1-1 lessons and 2-1 lessons are subject to availability. Please call for further information.  
Adult lessons are available on request.

## APPLICATION FORM

Please ensure that all details are completed so that the application can be processed as soon as possible

Name:.....

Age.....

Date of Birth:.....

Address:.....

.....

Post Code.....

Tel No.....

Tel No in event of emergency.....

Email address.....

Preferred Class Level.....

Preferred Dates & Times.....

.....

Awards achieved.....

.....

Please give details of any known medical conditions/  
current medication/allergies.....

.....

Please indicate if any of the above medical  
conditions may require immediate emergency  
medical treatment

Yes.....No.....

Doctor's name:.....

Doctor's Telephone no.....

Surgery address.....

.....

I give my consent and accept full responsibility for my  
child to participate in the course. If in the  
opinion of a medical practitioner, the necessity arises, I  
give consent for my child to be administered an  
anaesthetic or other emergency medical aid.

I understand that bookings are taken on a weekly basis  
and no refunds will be given once booking has been made.

Signed.....

Print Name.....

Date.....

Please tear off your completed application form and  
send to the address on reverse of leaflet. Please  
enclose a cheque for the appropriate amount.

## ALISON MARKS SWIM SCHOOL LTD

### QUALIFICATIONS

BA HONS QUALIFIED SCHOOL  
TEACHER  
ASA SWIMMING TEACHER  
NRTSTC LIFE SAVING AWARD  
& FIRST AID CERTIFICATE

Please send your completed  
application form and cheque to;

**Alison Marks Swim School**  
**3a Bourne Lane**  
**Tonbridge**  
**Kent. TN9 1LG**

Please make cheques payable to  
Alison Marks Swim School Ltd.

**Tel; 01732 365440**

**[www.alisonmarksswimschool.co.uk](http://www.alisonmarksswimschool.co.uk)**

**Email: [info@alisonmarksswimschool.co.uk](mailto:info@alisonmarksswimschool.co.uk)**

Registered Company no 5914796

## ALISON MARKS SWIM SCHOOL LTD

### Swimming lessons School Holiday Courses 2012

**FOSSE BANK SCHOOL POOL**  
**'MOUNTAINS'**  
**NOBLE TREE ROAD**  
**HILDENBOROUGH**

